

WHAT IS CARE PLANNING?

Care planning is a collaborative process between a patient and his or her care team, including the primary care physician, to discuss and record a plan of care that:

- defines problems
- sets priorities
- establishes patient identified goals
- sets a treatment plan

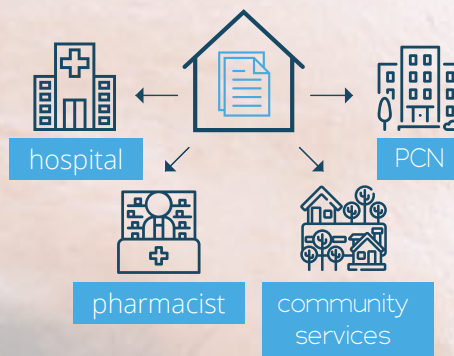
A copy of this plan is shared with the patient so that he or she can share their goals with other visits in the health system.



CARE PLANNING
ALLOWS YOU TO SET GOALS
FOR **YOUR HEALTH** BASED ON
WHAT MATTERS TO YOU

CARE PLANNING EMPOWERS PATIENTS

Patients in PaCT felt valued and better supported in managing their health. Patients felt connected to their care team. Care teams built strong relationships with each other and their patients and gained skills in how to better use the Electronic Medical Record systems, so that all patients of the clinic benefit.



The care plan starts at your medical home (your clinic), but can be shared at an emergency department visit, with your pharmacist or any encounter or visit you have within your medical neighbourhood and Primary Care Network (PCN).

SHARED PATIENT INFORMATION REDUCED
RE-ADMISSION TO HOSPITAL AND VISITS TO THE ER BY

40%

Dedhia et al, 2009, Am Geriatr Soc, Sep;57(9):1540-6.

PaC

PATIENTS COLLABORATING WITH TEAMS

AN INITIATIVE TO IMPROVE CARE PLANNING IN PRIMARY CARE

I could not
have felt better
supported and
cared for.

LEARN MORE

If you think you may benefit from care planning, ask a member of your care team.

PARTICIPANTS

Thank you to the 27 clinics and patient representatives from the following PCNs for participating in PaCT.



MCLEOD RIVER PCN

KALYNA COUNTY PCN

BIG COUNTRY PCN

EDMONTON SOUTHSIDE PCN

ST. ALBERT STURGEON PCN

WOLF CREEK PCN

MOSAIC PCN